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Making Peace with Herpes

Green Sun Press announces the publication of *Making Peace with Herpes: Overcoming the Stigma and Freeing Yourself from Outbreaks* (Green Sun Press, 2006, ISBN 0-9080780-0-4, 132 pages, \$29.99). The book is written by Christopher Scipio, Homeopath/Herbalist, Holistic Viral and Immune Specialist.

Making Peace with Herpes is possibly the most thought-provoking and original book ever written on the subject of Herpes. Christopher Scipio started off as a victim of the virus and transformed himself into one of the most experienced holistic practitioners treating Herpes in North America. He is an outspoken advocate of treatment without drug therapy.

While it is a subject that many people would rather avoid, Scipio points out that 60% of the sexually active population in North America has either herpes simplex 1 or 2. “70% of the people who have it either don't know they have it, won't admit they have it or are not treating it,” Scipio explains “For some people having herpes can make you feel like a leper. There are no public fundraisers or celebrity spokespersons championing the cause of herpes. In fact you would be hard-pressed to get anyone to admit in public that they have ‘the gift’.”

“The good news and the ironic news is that Herpes is one of the easiest diseases to manage naturally. There is absolutely no need for drug therapy for Herpes. This book isn't just about how to have fewer outbreaks or how to stop having outbreaks; just doing that isn't enough to be healthy. This book is about holistically healing your Herpes and living a healthy, happy and balanced life. Holistic health is about much more than making symptoms go away.”

Making Peace with Herpes is a must-read for everyone. Whether you have Herpes, are in a relationship with someone with Herpes or you just want to educate yourself on the world's fastest growing pandemic; it's a self-empowerment guide of the first order.

Starting April 9th, 2006 the book will be on sale at <http://www.herpesbook.com>. The e-book retails for \$29.99 and the soft-cover for \$35.99 (USD).